

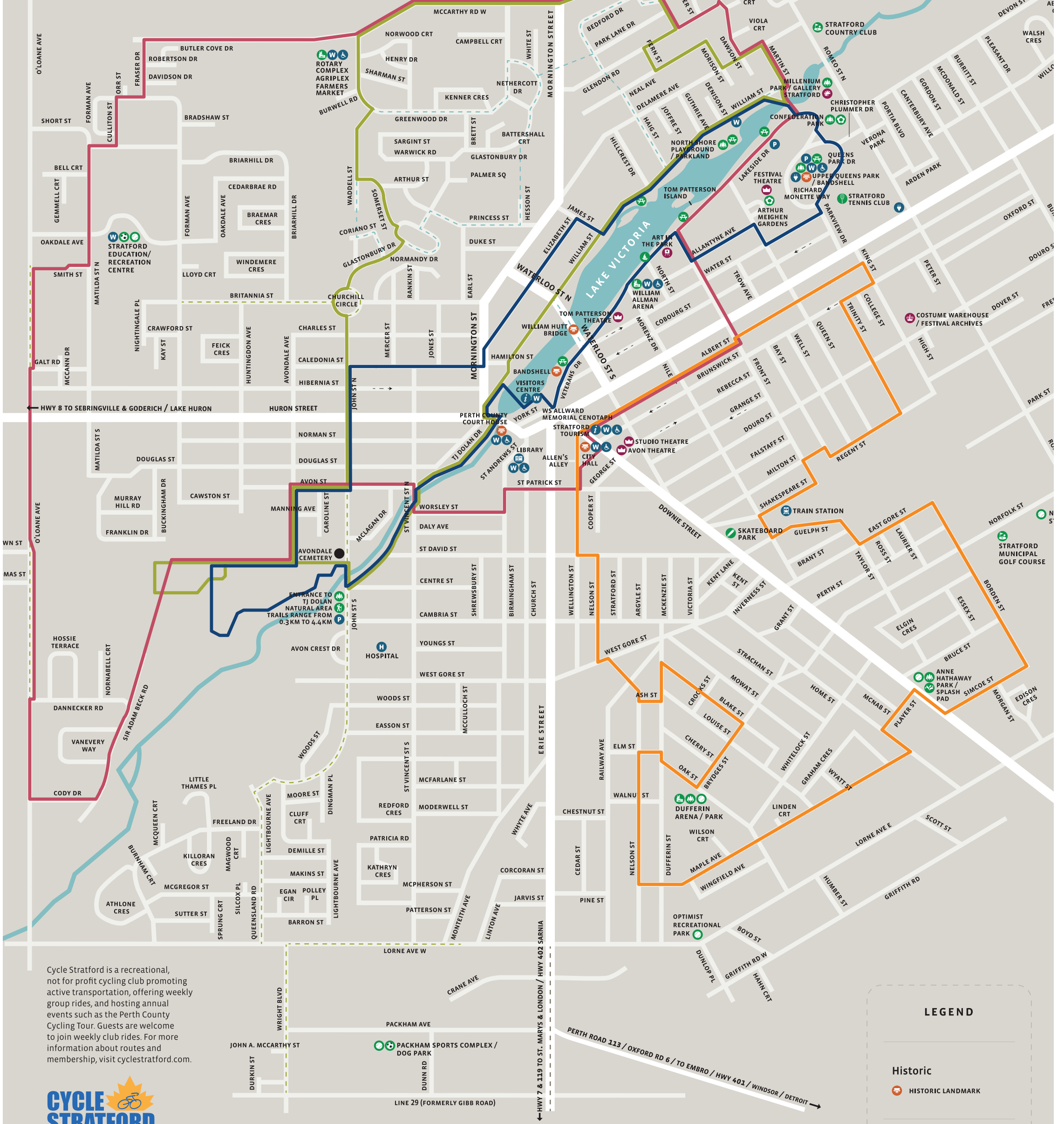
**Stratford, St. Marys & Perth County CYCLE MAP**  
City, Rural, Gravel & Mountain Bike Routes

THE ARTS WE ARE STRATFORD VISITSTRATFORD.CA/CYCLE

STRATFORD CITY CYCLE ROUTES



SCAN FOR DIGITAL MAPS



Cycle Stratford is a recreational, not for profit cycling club promoting active transportation, offering weekly group rides, and hosting annual events such as the Perth County Cycling Tour. Guests are welcome to join weekly club rides. For more information about routes and membership, visit [cyclestratford.com](http://cyclestratford.com).



- Anne Hathaway** [ridewithgps.com/routes/36558935](http://ridewithgps.com/routes/36558935)  
9km downtown & S Stratford, includes train station, railings, and "tree streets". Quiet backstreets, not many intersections.
- Avon River Rover** [ridewithgps.com/routes/36559240](http://ridewithgps.com/routes/36559240)  
7km Avon River, Orr Dam, & theatres. Small paths, quiet roads, a few intersections, & pedestrians, if on pathways.
- Festival City** [ridewithgps.com/routes/3658773](http://ridewithgps.com/routes/3658773)  
12km Centre & NW corner of the city. Quiet streets and bike paths, encounters some traffic lights and intersections.
- Avon 2** [ridewithgps.com/routes/36559052](http://ridewithgps.com/routes/36559052)  
9km River N shore, old neighbourhoods & cemetery. Mostly side streets, few intersections (watch for Huron & Mornington).
- Bicycle and multi-use routes**
- Family-friendly bike routes with walkways**
- Dedicated bike route 1.4km**

**Disclaimer** These map routes should be evaluated by each individual based on their level of experience and comfort in mixed traffic, weather, speeds, road grades, and road obstacles such as construction or road conditions. The organizations participating in this map make no warranty of accuracy or completeness, or the condition of any route or facility listed. Users of the cycle map are responsible for any risks associated with its use and their own safety. Cyclists must comply with the Highway Traffic Act and use their own safety equipment. In case of emergency, call 9-1-1.

For detailed digital route maps, cycle safety considerations and unique cycle-friendly stops, go to [visitstratford.ca/cycle](http://visitstratford.ca/cycle)

**CYCLE SAFETY Sidewalks**  
Cycling is not permitted on City sidewalks, exceptions are Ontario Street east of Romeo

Street, and on the paved path on the west side of Erie Street south of Lorne Avenue.

**What to Wear**  
Cyclists should wear clothing that will not catch in the wheels, chain or other moving parts of the bicycle. Wear comfortable, layered clothing that breathes,

yet is wind resistant. Don't forget your water and sunscreen. Wear an approved helmet for safety. Choose a helmet that fits correctly and look for a CSA, Snell, ANSI, ASTM British Standard or Australian Standard sticker that shows that the helmet meets legislated standards.

According to the Highway Traffic Act 104, cyclists 17 years of age and younger must wear an approved helmet or risk getting a \$75 fine.

**Night Riding**  
To make cyclists visible to motorists at night, wear light-coloured clothing or reflective fabric that glows in the dark. Cyclists

must use bicycle lights from a half-hour before sunset to a half-hour after sunrise. Use a white front light and a rear red light or reflector. Under the Highway Traffic Act 62, there is a \$30 fine for improper bicycle lighting.

**Riding in the Rain**  
When cycling in the rain, increase stopping

distance and wear fluorescent clothing to make up for the decreased visibility. Do not ride through puddles, which may hide pot holes, glass or other road hazards. It is also a good idea to stay away from the center of the road where oil slicks form.

**LEGEND**

**Historic**

- HISTORIC LANDMARK

**Public**

- ACCESSIBLE WASHROOM
- AIRPORT
- ELECTRIC CHARGE STATION
- HOSPITAL
- INFO CENTRE
- LIBRARY
- PARKING
- POLICE
- POST OFFICE
- TRAIN STATION
- TRANSIT
- UNIVERSITY
- WASHROOM

**Recreation**

- ARENA
- BASEBALL DIAMOND
- BASKETBALL COURT
- BOAT LAUNCH
- BOAT RENTALS
- CAMPING
- CONSERVATION AREA
- CYCLING RENTALS
- GARDEN
- GOLF
- PARK
- PICNIC
- SKATE PARK
- SOCCER FIELD
- SPLASH PAD
- SWIMMING
- TENNIS COURT
- TRAIL

**Theatre & Visual Art**

- ART GALLERY
- ART IN THE PARK
- COSTUME WAREHOUSE
- MEMORIAL SCULPTURE
- THEATRE





SCAN FOR DIGITAL MAPS

PERTH COUNTY & ST. MARYS

CYCLE SAFETY

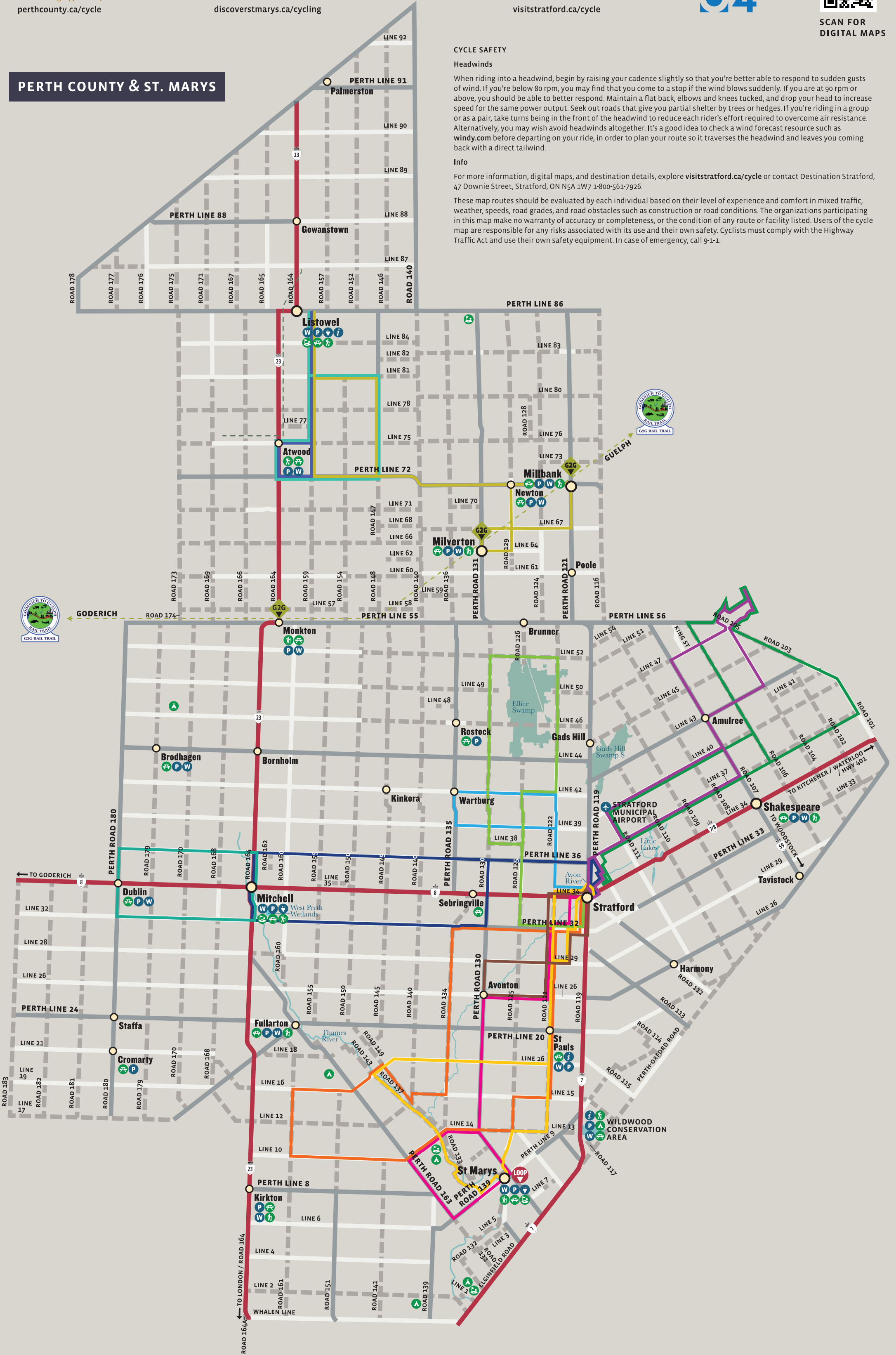
Headwinds

When riding into a headwind, begin by raising your cadence slightly so that you're better able to respond to sudden gusts of wind. If you're below 80 rpm, you may find that you come to a stop if the wind blows suddenly. If you are at 90 rpm or above, you should be able to better respond. Maintain a flat back, elbows and knees tucked, and drop your head to increase speed for the same power output. Seek out roads that give you partial shelter by trees or hedges. If you're riding in a group or as a pair, take turns being in the front of the headwind to reduce each rider's effort required to overcome air resistance. Alternatively, you may wish avoid headwinds altogether. It's a good idea to check a wind forecast resource such as [windy.com](http://windy.com) before departing on your ride, in order to plan your route so it traverses the headwind and leaves you coming back with a direct tailwind.

Info

For more information, digital maps, and destination details, explore [visitstratford.ca/cycle](http://visitstratford.ca/cycle) or contact Destination Stratford, 47 Downie Street, Stratford, ON N5A 1W7 1-800-561-7926.

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PAVED ROUTES (NO GRAVEL):

- 2021 PCCT Stratford - St. Marys Loop** [ridewithgps.com/routes/36448290](http://ridewithgps.com/routes/36448290)  
60km Includes 80km/hr regional roads, no gravel. The route also passes through blocks of downtown St. Marys.
- CS Avonton Loop** [ridewithgps.com/routes/36577821](http://ridewithgps.com/routes/36577821)  
26km Includes 80km/hr regional roads, no gravel, traveling SW of Stratford to the village of Avonton & back.
- CS Wartburg Loop** [ridewithgps.com/routes/36577882](http://ridewithgps.com/routes/36577882)  
30km Includes 80km/hr regional roads, no gravel, very flat. Travels NW of Stratford to the village of Wartburg & back.
- 2020 PCCT Amulree - Lisbon - Wellesley Hills Route** [ridewithgps.com/routes/36475168](http://ridewithgps.com/routes/36475168)  
60km Includes 80km/hr regional roads, no gravel. Travels NE of Stratford to the village of Wellesley & back.
- CS Mitchell Loop** [ridewithgps.com/routes/36475312](http://ridewithgps.com/routes/36475312)  
57km Short sections of Hwy 23. Mostly flat up & back, & headwinds going NW, no gravel. Demonstration forest S of route turn in Mitchell.
- Listowel - Atwood Loop** [ridewithgps.com/routes/36821524](http://ridewithgps.com/routes/36821524)  
25km Includes 80km/hr regional roads, no gravel. Loop from Listowel around Atwood.
- Listowel - Britton - Atwood** [ridewithgps.com/routes/36821726](http://ridewithgps.com/routes/36821726)  
32km Includes 80km/hr regional roads, no gravel. Loop from Listowel, around North Perth, through Atwood.
- Listowel - Millbank - Milverton** [ridewithgps.com/routes/36821684](http://ridewithgps.com/routes/36821684)  
66km Includes 80km/hr regional roads, no gravel. Loop from Listowel to the villages of Millbank & Milverton.
- Mitchell - Dublin** [ridewithgps.com/routes/36908690](http://ridewithgps.com/routes/36908690)  
27km Short section of Hwy 23 close to Mitchell, lines 32 and 36 are reasonably quiet. Can be added to the CS - Mitchell Loop.

GRAVEL ROUTES

- Stratford SW Gravel** [ridewithgps.com/routes/36580823](http://ridewithgps.com/routes/36580823)  
66km 70% Gravel 80km/hr roads SW of Stratford.
- Stratford - Ellice Swamp** [ridewithgps.com/routes/36580923](http://ridewithgps.com/routes/36580923)  
52km Gravel 80km/hr roads around Ellice Swamp N of Stratford.
- Perth County Paolo** [ridewithgps.com/routes/36387756](http://ridewithgps.com/routes/36387756)  
59km 30% Gravel back roads, busier near towns. Stratford & around St. Marys/Perth South.
- Stratford - Wellesley** [ridewithgps.com/routes/36581093](http://ridewithgps.com/routes/36581093)  
67km 40% Gravel Mostly quiet roads E & N of Stratford to Wellesley & back.



ST. MARYS

**The LOOP Trail** (13 km) | wood chips, grass, dirt path, paved [ridewithgps.com/routes/36908916](http://ridewithgps.com/routes/36908916)  
There are entry points at various spots on the Trail, marked with arrows. The St. Marys Loop Trail runs past many historic sites and natural areas. Points of interest include: the home of former Prime Minister Arthur Meighen, the historic Junction Station, the Canadian Baseball Hall of Fame & Museum, and the St. Marys Quarry. Remember that the "Share the Road" philosophy applies along the entire trail, and some parts of the trail are on Town roads. Please travel safely.

Perth County is a quaint agricultural area in southwest Ontario offering wide-open spaces, charming small towns, and memorable experiences. Cyclists can find scenic countryside routes passing through farmlands, with picturesque communities filled with local culture and small businesses that warmly welcome visitors. Rural roads, both paved and unpaved, traverse the area alongside farm fields and natural areas. Perth County is often without traffic, making it perfectly suited for great cycling adventures. For those who are looking to hit the trails, wetlands and conservation areas such as the Thames Nature Trail & Wetlands or Wildwood Conservation Area are located within the county borders, all of which can be explored by bicycle. Cyclists coming from the surrounding areas can cycle into Perth County on the cross regional G2G Rail Trail traversing the northeast part of the county. [perthcounty.ca/cycle](http://perthcounty.ca/cycle)

**St. Marys** offers an array of services and experiences for bikers of all levels. It is uniquely surrounded by peaceful rural roads making a ride to, from or through our town an enjoyable and scenic experience. Explore St. Marys by bike and visit our many historic and vibrant shops and restaurants or spend the night in one of our cozy accommodations.

St. Marys makes your cycle tour easy by offering access to a repair station, bike racks, parks and trails, public washrooms, wi-fi, water bottle filling station and more. St. Marys is a must-see stop for any cyclist looking for a unique biking adventure! [discoverstmarys.ca/cycling](http://discoverstmarys.ca/cycling)

The **G2G Rail Trail** is a 132km fully accessible, multi-use recreation and active transportation trail that is maintained by a group of dedicated volunteers. Running through 13 communities from the 401 corridor at Guelph, Ontario, to the shores of Lake Huron at Goderich, Ontario, this non-motorized trail is a favourite of cycling communities. [g2grailtrail.com](http://g2grailtrail.com)

**Wildwood Conservation Area** is a 3,500 acre outdoor playground with a gorgeous lake, parks, trails, campsites, and more. Wildwood offers four hiking and biking trails ranging in terrain from flat to rugged, and length from 1.2 km to the 25 km Lake Trail. [wildwoodconservationarea.ca](http://wildwoodconservationarea.ca)

**North Perth Trail System** Approx. 22 km long. Experience the trail in all four seasons on foot or by cycling, horseback riding, skiing, snowshoeing or snowmobiling. Trails stretch from Listowel to Henfryn.

**Hiking-only Areas** The Avon Trail - A 121 km hiking trail from St. Marys to Conestogo. Except for the Lake Trail in Wildwood, where bicycles are permitted, the Avon Trail is a footpath. Bicycles or motorized vehicles are not allowed.

LEGEND

Public

- AIRPORT
- ELECTRIC CHARGE STATION
- INFO CENTRE
- PARKING
- WASHROOM

Recreation

- CAMPING
- GOLF
- PARK / PICNIC
- TRAIL

Roads

- PROVINCIAL HIGHWAY
- COUNTY ROAD (PAVED)
- PAVED ROAD
- GRAVEL ROAD

Off-Road Trails

- NORTH PERTH TRAIL | 22KM
- GUELPH TO GODERICH (G2G) TRAIL | 127KM